



SAILS Information

How can SAILS assist you or your family members?

SAILS helps individuals with any disabilities: mental, physical, cognitive, and sensory.

At SAILS, you can:

- Learn skills to become independent
- Meet other people with disabilities
- Receive information and referrals
- Learn how to advocate
- Learn how to volunteer at SAILS
- Be a part of our community

SAILS volunteers, Hortencia Molina, Janie Cantu and Margaret Gibson at annual volunteer luncheon



Services for the Communities

- Americans with Disabilities Act (ADA) Technical Assistance
- Disabilities Awareness Workshops
- Consulting Services for Business

SAILS Service Areas



SAILS Office Hours

Monday - Friday 8:00am - 5:00pm
 1028 South Alamo
 San Antonio, Texas 78210
 210.281.1878 V/TDD
 210.281.1759 FAX
<http://sailstx.org>

This publication was made possible by grants from the Department of Assistive and Rehabilitative Services (DARS) 40%, Rehabilitation Services Administration (RSA) 41%, American Recovery and Reinvestment Act 19%. The total SAILS annual budget is \$741,140.00.

However, these contents do not necessarily represent the policy of the DOE or the DARS and you should not assume endorsement by local, state, or federal government.



Since 1981, SAILS has worked to make San Antonio and the surrounding counties a better place to live, work and play for people with disabilities

Our Mission

To advocate for the rights and empowerment of the people with disabilities and to provide needed services to people with disabilities in order to increase their self-determination and independence



Independent Living & Outreach Specialist Gloria Aguire exhibiting SAILS' programs

People with disABILITIES have the right to be treated with dignity and respect; the right to live and receive services in their own homes, and to decide for themselves what is the best for them.

Independent Living is different from other social services in that people with disABILITIES decide what services are needed and the best way to receive those services. This allows individuals more control over their own lives and leads to independence.

ADVOCACY

Provide information and assistance for people with disabilities and their families in accessing support systems and promoting changes that enhance full access to the community. Provide education on the Americans with Disabilities Act (ADA) and information about disability rights.

INFORMATION AND REFERRAL

Provide up-to-date information about community resources.

INDEPENDENT LIVING SKILLS

Provide workshops to enhance the ability to live independently.

PEER SUPPORT

Offer opportunities to interact and share information with peers.

Support Groups meet every first Friday, third Wednesday and fourth Thursday of the month



BENEFITS ASSISTANCE

Provide individualized social security benefits planning.

DEAF SUPPORT SERVICE

Provide assistance to persons who are deaf/hard of hearing and deaf and blind.

TELECOMMUNICATIONS

Provide information, assistance and training for adaptive telecommunication devices.

RELOCATION SERVICES

Provide transition assistance from nursing facilities to the community.

RECREATION/SOCIAL EVENTS

Provide opportunities for persons with disabilities to participate in various community activities.

For more information, visit our website:
<http://sailstx.org>